

# How to find us by car

### From Wetherby / Knaresborough...

Follow the A59 or A661, passing Harrogate
District Hospital, until you reach the
roundabout. Take the A59 towards Skipton.
Go through the first set of traffic lights
(keeping left). At the next set of traffic
lights turn left (sign posted Mowbray
Square Medical Centre). We are situated in
Highfield House on the right hand side of
the road.

### From Ripon...

Follow the A61, until you reach the A59 roundabout. Take the A59 (sign posted York and Knaresborough). Follow the road for approx. one and a quarter miles until you reach the traffic lights. Turn right onto East Parade. We are situated in Highfield House on the right hand side of the road.

### From Skipton...

Follow the A59, passing B&Q on the left. At the roundabout take the A59 (sign posted York and Knaresborough). Follow the road for approx. one and a quarter miles until you reach the traffic lights. Turn right onto East Parade. We are situated in Highfield House on the right hand side of the road.

## How to find us by train / bus

Exit Harrogate Train Station onto Cheltenham Parade (opposite the Victoria Shopping Centre) and turn left. Take a left and cross Station Bridge. At the roundabout turn left and follow East Parade for approx. a quarter of a mile. Bear right staying on East Parade. We are situated in Highfield House on the right hand side of the road.